Slower phloem transport in gymnosperm trees can be attributed to higher sieve element resistance

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In trees, carbohydrates produced in photosynthesizing leaves are transported to roots and other sink organs over distances of up to 100 m inside a specialized transport tissue, the phloem. Angiosperm and gymnosperm trees have a fundamentally different phloem anatomy with respect to cell size, shape and connectivity. Whether these differences have an effect on the physiology of carbohydrate transport, however, is not clear. A meta-analysis of the experimental data on phloem transport speed in trees yielded average speeds of 56 cm h\(^{-1}\) for angiosperm trees and 22 cm h\(^{-1}\) for gymnosperm trees. Similar values resulted from theoretical modeling using a simple transport resistance model. Analysis of the model parameters clearly identified sieve element (SE) anatomy as the main factor for the significantly slower carbohydrate transport speed inside the phloem in gymnosperm compared with angiosperm trees. In order to investigate the influence of SE anatomy on the hydraulic resistance, anatomical data on SEs and sieve pores were collected by transmission electron microscopy analysis and from the literature for 18 tree species. Calculations showed that the hydraulic resistance is significantly higher in the gymnosperm than in angiosperm trees. The higher resistance is only partially offset by the considerably longer SEs of gymnosperms.

Keywords: carbon allocation, \(^{14}\)CO\(_2\) labeling, isotope labeling, resistance model, sieve area, sieve plate, sieve pores, theoretical modeling, transmission electron microscopy.

Introduction

The phloem is the transport tissue of higher plants through which carbohydrates, the main unit for carbon transport, and other organic compounds are distributed between leaves and roots, fruits and other organs. Carbohydrate allocation in the phloem is a fundamental aspect of tree physiology with particular relevance for tree crop performance under changing climate conditions (Mildner et al. 2014). Knowing how fast carbohydrates are transported from leaves to roots in trees is a significant factor for the determination of carbon sequestration kinetics of forests and, therefore, for modeling the effects of climate change (Litton et al. 2007, Bonan 2008). However, functional data are scarce, since this transport pathway is experimentally inaccessible. Besides being buried below several tissue layers, the cells in question are under high pressure and thus, very sensitive to manipulation (Knoblauch and Peters 2010). This makes it a challenge to assess the influence of the diversity of phloem architecture on its function.

A meta-analysis of phloem transport measurements performed with the isotope-labeling technique indicated slower transport rates in conifers than in broadleaved trees (Epron et al. 2012). Such meta-analyses remain the only available tool to investigate principal differences between angiosperms and gymnosperms with regard to phloem transport, since no comparative studies involving more than three species have been done so far. In order to identify relevant parameters, meta-analysis of experimental data can be complemented by theoretical modeling. Theoretical models have been used to investigate the mechanism of carbon allocation and for the prediction of allocation patterns (Minchin and Lacointe...
of the structural parameters in which angiosperms and gymnosperms differ, the sieve element (SE) architecture is especially likely to have a strong influence on phloem function. The SEs of gymnosperms are generally longer and thinner than in angiosperms. This principal difference in SE anatomy was already recognized by Hartig (1837), who compared SEs from conifer and woody dicots. He also described the structural differences of the axial cell connections of SEs, which were later shown in more detail with the help of transmission electron microscopy (TEM) analysis. The wide open sieve pores in the angiosperm sieve plate contrast with the plasmodesmata-like cell connections in the tapering end walls of gymnosperm SEs (Kollmann and Schumacher 1963, Evert and Alfieri 1965, Kollmann 1975, Schulz 1990).

The flow velocity of the phloem sap was found to be strongly influenced by the geometry of the conducting SEs in angiosperms (Thompson and Holbrook 2003, Mullendore et al. 2010). The anatomical differences led to speculation whether gymnosperms might use a different mechanism for whole-plant phloem transport in which functional units are relayed, instead of the single hydrostatic pressure gradient between source and sink in angiosperms (Schulz 1998). However, a recent study confirmed that the structural parameters of the transport system of gymnosperm trees follow the same scaling law as angiosperms, implying that they are optimized for phloem transport speed using the same Münch-type phloem transport mechanism (Jensen et al. 2012a). This raises the question whether the thinner SE and narrow sieve pores of gymnosperms have a physiological effect at all or if it is offset by longer SEs and higher sieve pore abundance.

Materials and methods

Meta-analysis of experimentally determined phloem transport speeds

Earlier compilations of results from tree phloem transport speed measurements by Liesche et al. (2013) and Mencuccini and Hölttä (2010) were used and supplemented with data from studies that report on phloem translocation in trees and explicitly state a value for transport speed. Some of these did not report the height of the sampled trees. In those cases tree age was used to estimate tree height with the help of values given on websites of foresters in the respective region.

Theoretical model of phloem transport speed

We obtained modeled phloem velocities from Jensen et al. (2012a). They computed the transport speed \( v = Q/(\pi r^2) \) through conduits of radius \( r \) from calculations of the flow rate \( Q = \Delta p/R_{\text{tot}} \) assuming a constant pressure differential \( \Delta p = 0.7 \text{ MPa} \) (Turgeon 2010). When calculating the total resistance \( R_{\text{tot}} \), Jensen et al. included the SE flow resistance (see Eq. (1)), and the resistance to flow of water across cell membranes in parts of the plant where loading and unloading of photoassimilates occurs \( R_{\text{SE}} = (H/L)R_{\text{SE}} + 1/(2\pi mL) \). The parameter \( L_p \) is the permeability of the cell membrane, \( H \) is the transport distance, \( L \) is the length of one SE, \( R_{\text{SE}} \) is the SE resistance and \( m \) is the leaf lamina length. Note that the pre-factor \( H/L \) corresponds to the number of SEs lying end-to-end along the transport pathway, and that the pressure difference \( \Delta p \) is therefore over the transport distance \( H \). The following values were used for the variables viscosity \( \eta = 2 \text{ mPa s} \), pressure differential \( \Delta p = 0.7 \text{ MPa} \) and cell membrane permeability \( L_p = 5 \times 10^{-12} \text{ m s}^{-1} \text{ Pa}^{-1} \).

Meta-analysis of SE data

Data were collected from literature sources that stated values of SE length, SE diameter, number of sieve areas per end wall, number of pores per sieve area, pore diameter and pore length. In most cases, complete data sets were obtained by combining parameters from different sources.

TEM of sieve areas

Sample collection, specimen preparation and TEM imaging were performed as described by Schulz and Behnke (1987). Stem samples from Fagus sylvatica L., Picea abies (L.) Karst and Abies alba Mill. L. were collected in the Schwarzwald (47°48′24.7″N, 7°46′07.3″E) and Odenwald (49°26′N, 8°49′E) regions in Southwest Germany during the vegetation period. Picea abies and A. alba trees were ~70 years of age, while F. sylvatica trees were ~120 years old. Stem samples were cut at breast height (1.3 m) as narrow rectangles (20 × 5 × 2 mm), as deep as the cambium, and transferred to primary fixative solution, paraformaldehyde–glutaraldehyde solution in 0.1 M cacodylate buffer. After primary fixation for 3–12 h, samples were washed several times with Na-cacodylate buffer (pH 7.3) and secondarily fixed for 1 h with 1% osmium tetroxide. Following washing and acetone dehydration series, samples were embedded in Epon–Araldit resin and polymerized for 36 h at 60 °C. Semi-thin sections stained with crystal violet were used for identification of areas of interest. Ultra-thin sections were stained with uranylacetate and lead citrate before analysis in a Phillips EM400 electron microscope. From the more than 1000 images of originally 42 samples, 80 images of one tree per species were selected that had adequate clarity and resolution for the determination of the parameters in question.

Theoretical modeling of sieve area resistance

We modeled the resistance of a single SE \( R_{\text{SE}} \) as the sum of two components: the lumen resistance \( R_L \) and the end-wall resistance \( R_{\text{EW}} \):

\[
R_{\text{SE}} = R_L + R_{\text{EW}}.
\]
We approximated the lumen resistance $R_l = 8\eta L/(\pi r^4)$ by the Hagen–Poiseuille factor relating flow rate $Q$ to pressure differential $\Delta p$ across a cylindrical tube. Here, the factor $L$ is the length of the SE while $r$ is the radius and $\eta$ is the viscosity of the phloem sap. To estimate the end-wall resistance $R_{EW}$, we assumed that the sieve pores can be modeled as a collection of short cylindrical pipes running in parallel. The end-wall resistance thus depended on the thickness of the sieve plate $l$, the pore radius $r_p$, and the number of pores. For the simplest case of $N$ identical pores, the end-wall resistance is

$$R_{EW} = \frac{1}{N}\left(\frac{3\eta}{r_p^3} + \frac{8\eta l}{\pi r^2}\right).$$

(2)

The first term in the bracket is due to viscous friction at the pore entrance and the second term is the Hagen–Poiseuille factor. Jensen et al. (2012b) pointed out that Eq. (2) is sensitive to small variations in the pore radius $r_p$, which typically varies by up to 25% between different conduits. To account for the added flow through a few large pores, we follow Jensen et al. (2014) and write

$$R_{EW} = \frac{1}{N}\left(\frac{3\eta}{r_p^3} A + \frac{8\eta l}{\pi r^2} B\right).$$

(3)

Here, $r_p$ denotes the average sieve pore radius and the parameters $A = 1/(1 + 3(\sigma r_p)^2)$ and $B = 1/(1 + 6(\sigma r_p)^2 + 6(\sigma r_p)^4)$, where $\sigma$ is the standard deviation of the sieve pore radii. Typical values are around $\sigma/r_p = 1/2$ corresponding to $A = B = 1/2$.

Results

The meta-analysis of experimental data and a simple resistance model indicate a principally lower phloem transport speed in gymnosperm compared with angiosperm trees

Phloem translocation speeds in trees have been measured by a wide range of experimental methods (Millburn and Kallarackal 1989, Epron et al. 2012). In Table 1 all translocation speed measurements performed on trees that we are aware of are compiled, including details on the methods that were used to measure them.

Integrating the data of all experiments, an average phloem transport speed of 56.3 cm h$^{-1}$ for the 20 measurements on angiosperm trees is found, a value that is significantly higher than the average value of 21.9 cm h$^{-1}$ that was found for 26 gymnosperms (Figure 1a). No clear correlation can be seen when looking at the relationship between phloem transport speed and tree height, the only relevant parameter that is available for all studies (Figure 1b).

In order to identify the parameter(s) that could cause the difference in transport speed between the two genera, we utilized a simple resistor model that was shown to successfully predict phloem transport speed in herbaceous plants (Jensen et al. 2011). The anatomical data necessary for this model were obtained from Jensen et al. (2012a). The data set contains parameters for 31 gymnosperm and 16 angiosperm tree species (Table S1 available as Supplementary Data at Tree Physiology Online). Of the trees that experimental phloem speed measurements were performed on, one-third are represented in the data set used for theoretical modeling. On a family level, two-thirds are represented in both data sets.

The calculated average phloem translocation speeds for angiosperm and gymnosperm trees are 49.9 and 29.4 cm h$^{-1}$, respectively (Figure 1c). The modeled difference is slightly smaller than in the experimental data (Figure 1a), but is still significant. In order to investigate which model parameter(s) caused the difference in phloem transport speed predictions, the average values for relevant model parameters were plotted. While there was no difference in average stem length between the two groups (Figure 1d), the average effective SE radius of angiosperm trees was found to be significantly higher than in gymnosperm trees (Figure 1e). This indicates that the SE architecture has a strong influence on overall transport speed.

Quantitative sieve area anatomy of Fagus sylvatica, Abies alba and Picea abies

So far, the lack of quantitative data on the architecture of gymnosperm SEs, and especially regarding the number and size of sieve pores, has prevented a comparative analysis of flow resistance. The structure of sieve plates in the phloem of various angiosperms was recently determined with the help of scanning electron microscopy after clearing the cells of cytosolic content (Mullendore et al. 2010). These data were subsequently used to describe the hydrodynamic properties of angiosperm sieve plates with the help of theoretical modeling (Jensen et al. 2012b). Corresponding data for gymnosperms are not available.

Here, parameters necessary for modeling of gymnosperm phloem hydraulics, SE length, SE diameter, number of pores in the end-wall, pore diameter and pore length were extracted from literature sources (Table 2). These combined data sets were complemented by our own measurements using TEM. Images were obtained from a single tree of, respectively, the angiosperm F. sylvatica, and the gymnosperms A. alba and P. abies.

The images show the clear difference in SE end-wall structure (Figure 2) that is also apparent in the literature data (Table 2). Like most, but not all angiosperms, F. sylvatica SEs have one sieve area per sieve plate with the typical wide open pores (Figure 2a). Picea abies and A. alba SEs feature numerous sieve areas in their long overlapping end walls (Figure 2b) as found in all gymnosperm species (Table 2). Pore length and diameter of the gymnosperm species could be measured on high magnification tangential sections (Figure 2c), while the number of pores per
Table 1. Experimentally determined phloem translocation speeds in trees. VPD, vapor pressure deficit; T, temperature.

<table>
<thead>
<tr>
<th>Species</th>
<th>Transport speed (cm h⁻¹)</th>
<th>Stem length (m)</th>
<th>Method</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Picea sitchensis</em></td>
<td>2.7</td>
<td>4¹</td>
<td>Tracking of ¹⁴C pulse along stem</td>
<td>Watson (1980)</td>
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<td><em>Picea mariana</em></td>
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<td>4</td>
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<td><em>Abies concolor</em></td>
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<td>20¹</td>
<td>Tracking of ¹⁴C pulse along branch</td>
<td>Leonard and Hull (1965)</td>
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<td>2¹</td>
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<td>Watson (1980)</td>
</tr>
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<td><em>Pseudotsuga menziesii</em></td>
<td>7.4</td>
<td>8</td>
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<td>Bowling et al. (2002)</td>
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<td>0.4</td>
<td>MRI velocimetry in stem</td>
<td>Windt et al. (2006)</td>
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</table>

¹Estimate.
sieve area could be determined with the help of glancing sections (Figure 2d).

**Calculation of sieve area resistance in angiosperm and gymnosperm trees**

Using numerical simulations, Jensen et al. (2012b) found mathematical expressions for the resistances to flow across sieve areas and inside SEs. Applying the equations to the data obtained from literature and by TEM analysis (Table 2), the relationship between lumen and SE end-wall resistance can be calculated and the SE resistance directly compared between gymnosperm and angiosperm trees.

The analysis shows a clear difference in overall SE resistance between angiosperm and gymnosperm trees. The average end-wall resistance of gymnosperm trees is ~70 times higher than for angiosperm trees (Figure 3a). Even when taking into account that fewer end walls are present in gymnosperm phloem because of the longer SEs, by calculating resistance per unit length, there is a difference of about factor of 10 (Figure 3b). Our own data, in which all parameters for each species were measured on a single tree, are in agreement with the literature data, which comprises information from several trees per species (numbers 3, 13, 16 in Figure 3).

Furthermore, the analysis indicates a ratio between lumen resistance and end-wall resistance that is close to 1 : 1 in all trees (Figure 3a). This ratio was observed in all angiosperms that have been investigated so far (Jensen et al. 2012b).

**Discussion**

**Phloem transport is slower in gymnosperm trees than that in angiosperm trees**

Both theoretical modeling based on anatomical data and the summation of all experimental measurements found in the literature suggest that gymnosperm trees exhibit slower phloem transport speed than angiosperm trees. Theoretical as well as experimental methods to measure or predict phloem transport speeds in trees are prone to a wide variety of errors. In the case of the theoretical model, only a subset of the relevant parameters was taken into consideration, which were phloem loading strength, pathway length and anatomy, phloem sap viscosity and the pressure differential. In particular the pressure differential, which so far has not been conclusively determined in trees (Turgeon 2010), could significantly change the results. The differential of 0.7 MPa is mostly based on measurements on angiosperm trees and a principal difference in relation to gymnosperm trees cannot be excluded. Sieve element dimensions
vary widely within a plant and in trees, the average SE radius was shown to slightly increase towards the stem base (Petit and Crivellaro 2013). A different scaling factor of SE radius with tree height in angiosperm and gymnosperm trees would lead to deviation of the modeled results. However, the limited available data suggest similar scaling for both groups (Petit and Crivellaro 2013). Other parameters are expected to scale in a similar way for both angiosperms and gymnosperms. One major parameter that was not considered in the resistor model and that could be expected to be different between the two taxa is the SE end-wall resistance. This means that predictions of phloem transport speed for gymnosperms would be even lower relative to that in angiosperms if the data presented here were to be taken into consideration.

A direct comparison of experimental phloem transport data derived from different studies is generally problematic because of the differences in the methodologies that were used, as well as differences in plant age, height and the environmental factors under which they were grown (Dannoura et al. 2011). Also the environmental factors under which measurements are performed can influence the results. A detailed discussion of methodologies and how they could lead to differences in the measured transport speed is presented by Mencuccini and Hölttä (2010).

Of the many different parameters that may influence the phloem transport velocity measurements, only information on methodology and tree height is reported for all experiments in the literature (Table 1). Several techniques have been employed, but, important in this context, most techniques have been used on both gymnosperms and on angiosperms, minimizing the potential for measurement bias. Exceptions are the tracking of $\Delta^{18}$O along the stem, which has only been used on Pinus...
and the analysis of the sugar composition of the phloem along the stem, which was used on *Fraxinus americana* (Zimmermann 1969). In the case of *P. sylvestris*, the measured speed is the highest for any gymnosperm and considerably higher than measurements on trees of the same species conducted by different methods (Table 1), indicating that the method may be biased towards higher speeds. In the case of *F. americana*, the measured value...
is close to the angiosperm tree average and to measurements made on trees of the same species with other methods, suggesting that the measurement was accurate.

The average tree height of the sampled trees is $\sim 12$ m for gymnosperms and $\sim 7$ m for angiosperms. It has been suggested that phloem hydraulic conductance scales with tree height (Hölttä et al. 2013). The only study that addresses the question of whether phloem transport speed scales with tree height found a correlation between height and transport speed in *F. sylvatica* but not in *Quercus* and *Pinus* (Dannoura et al. 2011). Moreover, there is no indication for a particular correlation in the data presented here.

The present paper suggests that angiosperms achieve higher transport speeds than gymnosperms. This is supported by measurements that, using the same method, directly compare transport speeds of gymnosperm and angiosperm trees. The studies that involve both gymnosperm and angiosperm trees, including data from MRI velocimetry and carbon-tracer experiments, clearly show a lower phloem translocation speed in gymnosperms compared with angiosperms (Thompson et al. 1979, Dannoura et al. 2011). The high number of species from which data were taken into account and the robustness of this trend in both the theoretical and experimental approach suggests that the result reflects a true physiological difference between angiosperm and gymnosperm trees.

### Higher SE and end-wall resistance in gymnosperm trees

The quantification of structural parameters of the phloem translocation system in gymnosperms has been a significant challenge. In particular the number and size of sieve pores that connect SEs axially were difficult to determine, since their small size prevents accurate resolution with light microscopy. In addition, their diameter is not constant along their length. While TEM was used to provide qualitative information on the pore structure...
allometric scaling law for end-wall resistance (Jensen et al. 2012b). The one-to-one relationship between lumen and end-wall resistance is not unique to the phloem; similar trends have been observed in the link between xylem lumen and end-wall resistance as well (Wheeler et al. 2005). The correspondence may be explained by the diminishing return in terms of added mass flow when either resistance component is reduced (Charnov 1976).

Is SE resistance causing slower phloem transport speeds in gymnosperm trees?

In addition to the difference in SE resistance, there are several factors that could cause phloem transport to be slower in gymnosperm trees than in angiosperm trees. Evaluating the influence of different factors on the transport speed difference is far easier for the data based on theoretical modeling since it is based on relatively few parameters. The lower phloem translocation speeds that were observed in gymnosperms were not due to lower tree heights, which were the same on average. Furthermore, our data suggest that speed does not scale with tree height. While leaf length, which is used as a parameter for source strength in the model, is on average ∼60% lower for gymnosperms, its impact on phloem transport speed predictions is limited. Instead, the SE radius is the decisive model parameter that results in the difference in phloem transport speeds. After correcting for the differences in SE shape, which has an effect on the hydraulic conductance, the effective radius is, on average, 58% smaller in gymnosperms than in angiosperm trees. The effective SE radius does not scale with tree height, but instead remains in a range of 4–12 μm for gymnosperms and 5–25 μm for angiosperm trees (Jensen et al. 2012a). Since our results show that sieve plate and lumen contribute almost equally to the total hydraulic resistance of the phloem translocation pathway, the predictions based on effective SE radius, even when sieve plates are not considered in the model, will be qualitatively correct.

To identify the decisive factor(s) that determines transport speed differences in experimental measurements is difficult due to the high number of variables that affect such measurements. Nevertheless, many factors are normalized across the data range considered here, leaving SE resistance as the only factor for which a principal difference between angiosperm and gymnosperm trees could be clearly shown.

Supplementary data

Supplementary data for this article are available at Tree Physiology Online.

Conflict of interest

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